



What is Therapeutic Horseback Riding?

Therapeutic horseback riding and equine-assisted activities use horses to enhance physical, psychological, social, cognitive and behavioral skills for children and adults with disabilities.

The horse's movement and rhythm mimics the human gait, leading to improved posture, balance, coordination, strength and flexibility.

Many individuals who are restricted to wheelchairs, braces and crutches become independently mobile for the first time while riding a horse!



Benefits of Therapeutic Horseback Riding:

Physical:

- Improves coordination and reflexes
- Increases balance
- Relaxes constricted muscles
- Strengthens and stretches muscles

Psychological:

- Improves self-esteem
- Increases self-awareness
- Enhances concentration
- Provides sense of self achievement
- Enjoyable mode of therapy
- Builds a special relationship between horse and rider

Social - Facilitates the development of:

- Social skills
- Communication skills
- Aids in achieving goal-oriented behavior

"If it weren't for the many volunteers and gentle four-legged giants at Horses for Healing, people like my daughter would miss an important connection with this world!"

—Proud Parent



Our Program

We offer year-round riding lessons and operate rain or shine in a covered arena. Our wheelchair accessible mounting ramp helps riders with limited mobility mount their horses with ease! Our instructors have strong equine backgrounds and are trained to teach individuals with various disabilities.

We are dedicated to serving children and adults with special needs, including individuals with:

- Multiple Sclerosis
- Stroke
- Autism
- Cerebral Palsy
- Blindness
- Cancer
- ADHD
- Depression
- Learning Disabilities

Veterans are welcome.

Visit www.horsesforhealing.org to sign-up!



We Need Your Support

Our program depends on the generous support of our local community. There are so many ways to help, please get involved today!

Become a Volunteer:

- Administration
- Community relations
- Fundraising and events
- Side walking/leading
- Grant writing
- Horse related activities
- Physical therapist
- Occupational therapist

Donate:

- Financial assistance
- Tack, feed, supplies
- Sponsor a client
- Sponsor a horse

Visit www.horsesforhealing.org to donate

Who We Are

About Us



We are a non-profit, volunteer organization dedicated to improving the physical, mental and spiritual well-being of children and adults with special needs through their involvement with horses. We have provided therapeutic horseback riding in the Auburn area since 1997.

We are a California non-profit charitable corporation conforming to IRC Section 501 (c)-(3), Federal ID# 91-1762639, United Way No. 11099



We are registered with the Professional Association of Therapeutic Horsemanship (PATH), International. Our instructors are PATH certified.

Contact Us

Phone: 530-887-9573

Email: info@horsesforhealing.org

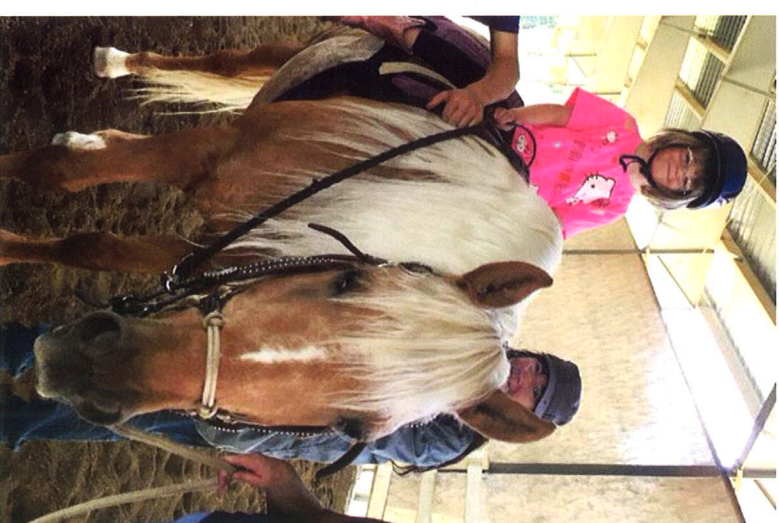
Web: www.horsesforhealing.org

Riding Facility:

Evolution Ranch
13355 Bell Brook Drive, Auburn CA 95602

Mailing Address:

PO Box 4839
Auburn, CA 95604



Horses for Healing

Changing lives one ride at a time!

Horses For Healing, Inc.
Changing Lives One Ride at a Time

Marcy Schaffer-Egot

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